

Three free driving lessons with an AA driving instructor!

→ What's in each lesson

LESSON 1

Start-up

- Initial driver set up, including seat, mirrors, seatbelt and blind spots
- Instruments, gauges and vehicle controls
- Basic intersection types
- Getting to know the words associated with learning to drive, such as gears, moving off, stopping and steering

After Lesson 1

Where: In a very low volume traffic area or empty car park

After Lesson 1, carefully practice:

- Pre-driving vehicle safety checks
- Moving off from the kerb and returning to the kerb
- Stopping and starting
- Mirror use, indicating and blind spot checks
- Smooth operation of pedals and steering practice
- Correct hand position, looking where you want to go and where you need to be

LESSON 2

Intermediate driving skills

- Vehicle control, including hill starts and sharing the road
- Intersection types
- Awareness with mirrors and blind spots
- Basic manoeuvres, including reversing and U-turns

After Lesson 2

Where: In a low to medium volume traffic area

After Lesson 2, carefully practice:

- Pre-driving vehicle safety checks

- Safety in and out of basic intersections (controlled and uncontrolled)
- Traffic observation using mirrors, indicating and blind spot checks
- Observing the 2, 4, and 12 second rules
- Getting comfortable driving at posted speed (or the conditions), gap selection and lane positioning all with safety cushion
- Reversing straight
- Practice all manoeuvres until they become natural actions

LESSON 3

Advanced driving skills

- Vehicle interaction, including lane changes and merging, passing and being passed
- Higher speed zones
- Risk reduction
- Advanced manoeuvres, including three-point turns

After Lesson 3

Where: In a medium volume traffic area

After Lesson 3, carefully practice:

- Pre-driving vehicle safety checks
- Use a variety of different areas and routes
- Turning right at different and complex intersections and multi-lane roads
- Merging/highway entry and exit
- Hazard perception/responses to reduce risk (download these)
- Watching all road signs and markings for good decision making
- More complex manoeuvres, e.g. parallel parking/three-point turns/angle parking