

BABY CHOKING

If baby cannot breathe, cough or cry,

CALL 111



Give
up to 5
back
blows



Turn baby over



Give
up to 5
chest
thrusts



*Repeat if the blockage has not cleared. **If unresponsive and not breathing normally, start CPR.***



NEW ZEALAND
RED CROSS
RĀPEKA WHERO AOTEAROA