

Defensive Driving PLUS

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KNOWLEDGE, AWARENESS, CONTROL

This Factsheet tells you what is included in our Defensive Driving Plus course and how it will benefit your business. It also tells you the price and how you can book.

Experienced drivers can often become complacent over time. Our Defensive Driving Plus course teaches drivers how driving defensively can help them to avoid finding themselves in a crash situation. We then teach the practical vehicle control skills to remain in control of the vehicle, should the worst happen.

What's included:

This full day session is held at our purpose-built sites in major cities nationwide. The day is a 50/50 split between theory and a practical session and includes a light lunch and refreshments.

The theory component of the course includes the essential principles for being a safer company driver:

- Risk management
- Searching and scanning techniques
- Identification and response to hazards
- Vehicle handling and coping strategies
- Economical driving techniques
- Law changes
- Updated driving procedures.
- Managing fatigue, stress and emotion while driving
- How to deal with and avoid road rage incidents
- The relationship between alcohol/drugs and driving

The practical workshops teach the following advanced driving skills:

- How to make a safe and controlled emergency stop
- Safe cornering
- The value and function of the anti-lock braking systems (ABS) and electronic stability control (ESC)
- Participants' driving limitations and that of their vehicles

The day is designed to be fun and fast paced with a focus on safety rather than speed.

It's suitable for:

- ✓ Advanced training and new ideas for anyone who drives as part of their job either in their own vehicle or in a company vehicle
- ✓ Anyone who is under-confident or nervous behind the wheel
- ✓ Anyone driving a vehicle they are not familiar with
- ✓ Anyone who has been involved in a crash or 'near miss'
- ✓ 'High Risk' drivers

Benefits for your Business:

We have been providing our Defensive Driving courses to most of New Zealand's best known businesses for many years and you can be confident that providing this session for your business drivers has some fantastic benefits:

- Fulfilment of your 'Duty of Care' obligations
- Improved workplace safety rating
- Reduction in crashes
- Reduction in insurance premiums and excesses
- Improved productivity
- Reduction in speeding fines
- Improved fuel efficiency
- Reduction in vehicle maintenance costs through less wear and tear
- Potential reduction in ACC levies



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Key Features of the Defensive Driving PLUS Course:

- Small group sizes (maximum of 6 participants per instructor) to ensure our AA Instructors have the opportunity to get to know the participants and are able to provide top quality attention and training to each participant
- Delivered off road in a safe learning environment
- Fast paced and interactive
- This course is delivered by NZQA qualified trainers and course tutors. All of our practical trainers have also been AA Driving Instructors for many years so bring with them a wealth of driving experience
- Even the most reluctant of participants usually find the session enjoyable and useful
- Road Code scratch test, reactions test and 4 practical exercises included
- AA Driver Training for Fleets and Businesses goody bag, course workbook and certificate included
- Delicious light lunch and refreshments included
- Course runs 10am-4pm



Client Testimonials:

"The course was great and really worthwhile. What I got out of it was, to take more time to look around you especially up the road and watch your speed. The facilitator was great, he made it fun as well as interesting. The other team members who we dealt with during the driving exercises were also great to deal with and explained things properly."

Manager of Fleet Services Auckland Council

How to book:

Further details can be found on our website.

For course bookings email dsfb@aa.co.nz

Please note that a minimum number of 6 participants is required for course bookings.

We require the following information at the time of booking:

- Name of all participants
- Email address of all participants
- Vehicle make, model and registration for all participants
- Details of anyone sharing vehicles on the day

On the day of the session each participant is required to:

- Ensure all vehicles to be used for the course have valid WOF and Registration and that sufficient insurance is in place
- Have their driver licence to hand

Be punctual. Please ensure all participants arrive at the site at least 15 minutes prior to the course start time and are ready to begin the course at the allotted time. Delays may mean the trainer cannot cover the full course content.

Cost:

Individuals \$470 +GST per person plus site specific venue fee

*Full payment is required at the time of booking.

Cancellations:

We understand that sometimes changes have to be made to bookings. For course cancellations, date, or attendee number changes less than 3 working weeks prior to the course start date, the full course fee will be charged.

For course cancellations or date changes more than 3 weeks prior to the start date (where a formal confirmation email has been sent), an admin fee of \$100 + GST per

PLEASE CONTACT US FOR FURTHER INFORMATION:

0800 723 338

dsfb@aa.co.nz

www.aa.co.nz/dsfb

General